SHAKER REGIONAL SCHOOL DISTRICT



HIGH SCHOOL SCHOOL LUNCH MENU

Monday

Tuesday

Wednesday

Thursday

Friday

CRISPY CHICKEN TENDERS
MASHED POTATO
BREADSTICK
CORN
SLICED PEACHES

APPLE

SUNBUTTER & JELLY

MOZZARELLA STICKS SPAGHETTI W/ MARINARA BROCCOLI FLORETS SLICED PEARS APPLE SUNBUTTER & JELLY CHEESE PIZZA
PEPPERONI PIZZA
FRENCH BREAD PIZZA
CRINKLE CUT CARROTS
PEAS
MANDARIN ORANGES

APPLE

SUNBUTTER & JELLY

REFRIED BEANS SEASONED BROWN RICE GREEN BEANS PINEAPPLES & ORANGES APPLE

BEEF NACHOS

FRENCH TOAST STICKS
EGG PATTY
SAUSAGE PATTIE
LATTICE SWEET POTATOES
BANANA

SUNBUTTER & JELLY

BRUNCH 4 LUNCH

SUNBUTTER & JELLY

11

CHEESEBURGER
CHIPS
BAKED BEANS
GREEN BEANS
SLICED PEARS
APPLE
SUNBUTTER & JELLY

12

5

NO SCHOOL FOR STUDENTS TEACHER WORKSHOPS 13

6

CHEESE PIZZA
PEPPERONI PIZZA
FRENCH BREAD PIZZA
CALIFORNIA BLEND VEG
PEAS
APPLE
PUDDING W/ WHIP TOPPING

SUNBUTTER & JELLY

CHICKEN WINGS W/SAUCES

MASHED POTATO
BISCUIT
BROCCOLI
APPLESAUCE
APPLE
SUNBUTTER & JELLY

15

CLASSIC SHEPHERD'S PIE BISCUIT CRINKLE CUT CARROTS SLICED PEACHES APPLE SUNBUTTER & JELLY

18

CHICKEN & VEG DUMPLING FRIED RICE VEGETABLE EGG ROLL CRINKLE CUT CARROTS PINEAPPLE TIDBITS APPLE SUNBUTTER & JELLY 19

MAC & CHEESE BAR TEXAS TOAST BROCCOLI SLICED PEARS APPLE SUNBUTTER & JELLY 20

CHEESE PIZZA
PEPPERONI PIZZA
FRENCH BREAD PIZZA
PEAS
SLICED PEACHES
APPLE
PUDDING W/ WHIP TOPPING
SUNBUTTER & JELLY

21

7

CRISPY CHICKEN PATTY
BAKED BEANS
SEASONED NORMANDY VEG
FRUIT MIX
APPLE
SUNBUTTER & JELLY

22

GRILLED CHEESE
TOMATO SOUP
GOLDFISH
GREEN BEANS
APPLE
CHOCOLATE CHIP COOKIE
SUNBUTTER & JELLY

25

CRISPY CHICKEN TENDERS
AU GRATIN POTATOES
BREADSTICK
BROCCOLI
SLICED PEACHES
APPLE
SUNBUTTER & JELLY

26

SALISBURY STEAK W/GRAVY
MASHED POTATOES
BISCUIT
BABY CARROTS
MANDARIN ORANGES
APPLE
CHOCOLATE CHIP COOKIE
SUNBUTTER & JELLY

27

CHEESE PIZZA
PEPPERONI PIZZA
FRENCH BREAD PIZZA
CORN
PINEAPPLE TIDBITS
APPLE
SUNBUTTER & JELLY

28

CHIPS
BAKED BEANS
GREEN BEANS
APPLE
PUDDING W/ WHIP TOPPING
VANILLA PUDDING
SUNBUTTER & JELLY

BBQ PULLED PORK ON BUN

29

CHEESE QUESADILLA CHICKEN QUESADILLA SALSA PEAS FRUIT MIX APPLE SUNBUTTER & JELLY

- Daily Beverage Option: Skim Milk, 1% Milk, Fat Free Chocolate Milk
- Menu Pricing: Elem. Lunch 40 cents reduced or \$3.25; MS/HS Lunch 40 cents reduced or \$3.50.
- All breakfasts are \$1.65; however, if you qualify for reduced priced meals breakfast will be free.
- Adult Lunch \$3.50, Adult Breakfast \$2.00, Milk .40 cents
- Menu subject to change without notice.
- If you have any questions, contact Mrs. Nancy Cate, CDM, CFPP, Director of Food Service: ncate@sau80.org
- This institution is an equal opportunity provider.
- (2/13/24)